What is IAC?

The International Affairs Center (IAC) provides various supports to international researchers of Tohoku University. We offer services including necessary information to work for Tohoku University and general living information in Sendai.

◇◆What we provide for you◆◇

Handbook for International Researchers
IAC Mail Magazine / Living Information /
IAC Japanese Class / Arrival Support /
Housing support / Shopping Tour / Rental Items /
Give over & Receive / Mailing List etc…

E-mail: iac@grp.tohoku.ac.jp | Tel: 022-217-5971
Address: 2-1-1 Katahira Aoba-ku Sendai
Website: http://www.wpi-aimr.tohoku.ac.jp/iac/indexE.html

If you have any problem regarding procedures in the university and something else, please feel free to contact IAC. We would be happy to help you!

Access IAC office is on the 5th floor of AIMR Main Building, Katahira Campus
FREE JAPANESE CLASS

Very nice introduction to the Japanese language and culture. Everyone was very kind and pedagogic.

We really enjoyed it. My son LOVED folding, and I loved the cultural learning aspects of the class.

I really like the casual setting of the class.

I had a fantastic time. I am trying to practice my Japanese now in my daily interactions. I think the phrases we learned will be really useful.

◆ How to apply:
Please e-mail us with the information of your name & affiliation
◆ Place:
Combination room, 5th floor in the AIMR Main Building (→Building #A)
https://www.wpi-aimr.tohoku.ac.jp/en/about/access/
◆ Lesson fee : FREE!
# Japanese Class CURRICULUM

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LOCAL Museums, Parks, Markets & Cultural Events

SPRING HAS COME
The first museum in Japan which focuses on our five senses offers many exhibits visitors can enjoy by making full use of all five senses.

Contact: 0229-72-5588
http://www.kankaku.org/

**Sendai Kaleidoscope Museum**

The first kaleidoscope museum in the world which exhibits many kinds of kaleidoscopes such as those made by Japan’s famous potter Tsuji Teruko and optically excellent kaleidoscopes from all over the world. You can make your own kaleidoscope.

Contact: 022-304-8080
http://www.iyashiseikai.com/sendai/

**The Kakuda Space Center (KSPC)**

**AYABUSA** simulator: You can sit on a console and can experience operations such as; launch of a spacecraft, earth swing-by, 3 touch-down, recovery from lost communication and atmospheric reentry.

Contact: 050-3362-7500
http://global.jaxa.jp/about/centers/kspc/index.html

**Date Masamune Historical Museum**

Learn how Date-Masamune become the founder of Sendai City and one of the most powerful rulers of Japan’s civil war period. Explore his life through exhibits featuring 200 life-sized figures. You can also try on a replica of his armor and have your picture taken!

Contact: 022-354-4131
http://www.date-masamune.jp/eng.php

**Ishinomori Manga Museum**

This museum is dedicated to manga artist, Shotaro Ishinomori, who is known for such works as Kamen Rider and Cyborg 009. The museum is full of fun gimmicks, including exhibits and attractions that reproduce his valuable original drawings and works in 3D and screenings of original animations.

Contact: 0225-96-5055

**Sendai Umino-mori Aquarium**

Has a variety of attractions, such as a large aquarium that recreates the abundance of the Sanriku Ocean, nearly 100 water tanks of fish and animals from all over the world, the largest-scale dolphin and sea lion performances in Tohoku.

Contact: 022-355-2222

**Sendai City Museum**

Special Exhibition: “Yes, We love cats any time!” ◆ Period: 2019.4.19-2019.6.9
A cat is the animal Japanese has loved from the past. "Cat boom" came like today in the Edo Period, and cat appears even in ghost story talk were drawn by Ukiyoe.
This exhibition be hold in the first time at eastern Japan.

Contact: 022-225-3074
**Kanezaki Kamaboko “Sasakamakan”**

Visitors can view the entire process of making sasakamaboko and will be able to taste them hot from the grill. You can also experience making your own miniature Tanabata decorations. Also, there is a Seiji Fujishiro’s Kiri-e Gallery (Kiri-e: Japanese cut-out art, fashioned after the principle of silhouettes.)

Contact: 022-238-7170
https://www.kanezaki.co.jp/shop/belle_factory/

**Tohoku History Museum**

You can delve deep into the stories of events and people that made Tohoku the culturally rich & diverse region that it is today.

Special Exhibition: Silk Road revived in the state-of-the-art technology by Tokyo University of the Arts  
◆ Period: 2019.4.19-2019.6.23

Contact: 022-368-0106

**Sendai Astronomical Observatory**

Sendai Astronomical Observatory features an amazing planetarium and an exhibition room where visitors can experience the wonders of the universe, as well as numerous exciting exhibits. An astronomical observation event is held; visitors can enjoy star watching with a large telescope named HITOMI.

Contact: 022-391-1300

**Sendai City Tomizawa Site Museum**

A theme museum where the Tomizawa ruins, which include the remains of bonfires and forests dating back 20,000 years, are preserved and displayed in the same condition as when they were excavated, allowing visitors to imagine what life was like so many years ago.

Contact: 022-246-9153

**Sendai City Museum of History and Folklore**

Located in Tsutsujigaoka Park, which entertains visitors with its seasonal beauty, the Museum showcases an extensive collection of folklore items from the Sendai area. The museum building is the oldest existing western-style wooden building in Miyagi Prefecture.

Contact: 022-295-3956

**3 M Sendai city Science Museum**

It is a general science museum with many hands-on, interactive displays. You can see, hear, touch, do science! There are 3 sections: Outdoor Exhibitions, Life System Exhibition, Science and Engineering Exhibition and Natural History Exhibition.

Contact: 022-276-2201

**Miyagi Museum of Art**

Special Exhibitions: The late Edo period painter Yokoyama Kazan (1781/4–1837), choosing instead to create his own free painting style and brushwork methods drawn from various traditions and styles. This approach won favor with the audiences of the day.  
◆ Period: 2019.4.20-2019.6.23

Contact: 022-221-2111
http://www.pref.miyagi.jp/site/museum-en/

**The Museum (Previously: Music box Museum)**

The world biggest concert organ made in Belgian (1920); 619 flutes, 19 types of tones and a wide variety of percussions. There are a 3 section in the museum: music boxes, Japanese antique toys and items from a mode known as the golden age of Paris’ haute couture (1870 - 1960)

Contact: 022-355-0656
http://www.t-museum.jp/en/
**PARKS & EVENTS**

**Naganuma Park**

Naganuma shore can enjoy lotus blooming in profusion on pleasure boat in summer. We can enjoy cherry tree and tulip in spring.

Contact: 0220-22-7600
http://fp-naganuma.co.jp/

**Kakuda Field Mustard Festival**

2,500,000 yellow flowers are in full glory in Abukuma River riverbed backed by Mount Zao which had spring snow

http://www.nihon-kankou.or.jp.e.wp.transer.com/miyagi/042081/detail/04208ba2210136614

Contact: 0224-63-2120

**Sekaiyachi Wild Flower Garden**

700 m above sea level. 15 h a.
It is vast moor in the foot of the Mt.Kurikoma south here.
Among virgin forests of beech, much Alpine plants blooms. Day lily of the late June and early July is particularly famous and blooms all over the moor.
It is refreshing to walk tree way while looking at the Kurikoma mountaintop in green season.

Contact: 0228-22-1151

https://www.kurihara-kb.net/en/publics/index/26/

*Before you visit the venue, please contact the event organizer first to check the details.*

**Nanakita Park**

Family friendly park, about 5 min walk from Izumi-Chuo Station. Fields for soccer or yoga/nature paths for nice strolls/tracks for runners/workout benches/playgrounds for kids/walk near river/fish ponds with gazebos

Contact: 022-375-9911
http://www.sendai-park.or.jp/web/info/nanakitaouen/

Approximately 2 million field mustards are in full glory on very large slope of 6 hectares.

http://www.sanbongi.jp/publics/index/1/#googtrans(ja|en)

Contact: 0229-52-2112
**Aoba Festival**
2019.4.28-29
The festival representing spring in Sendai.
Details: ① IAC Mail Magazine #3 & #10. https://www.wpi-aimr.tohoku.ac.jp/iac/mailE.html
② Organizer contact: 022-222-8441
http://www.aoba-matsuri.com/

**The Jigokudani Trail in Naruko**
Naruko Local Office
Contact: 0229-82-2191
‘Jigokudani’ means ‘hell valley’ which is a very apt title with its volcanic pockets resembling a type of hell on earth. The entire trail can be accomplished in about 30 minutes. Very unique little local delicacy you have to try when visiting Jigokudani is “onsen tamago(eggs)” (half boiled eggs).

**Michinoku Park**
The northeastern only state-run park in pot bunch dam shore. “North district”: campground and dog orchid, various sports can enjoy. “South district”: large flower bed where seasonal flowers are beautiful and large-scale playground equipment. “Village forest district”: nature of village forest can sense bodily. Various events are held through the year in the park.
- Flower Festival 2019.4.13~5.6
- Poppy Festival ~6.16
- Soba-making experience (w/reservation)
- Konnyaku-making experience (w/reservation)

**Oogawara Cherry Blossom Festival**
Please go & find the detail @ IAC Mail Magazine #10.
https://www.wpi-aimr.tohoku.ac.jp/iac/mailE.html

**Ichigo-Gari (Strawberry Picking)**
Watari & Yamamoto area are one of the largest strawberry plantation in Tohoku. There are lots of strawberry farms there. Let’s find your favorite one!
① Yamamoto strawberry plantation
http://www.yamamoto-ichigo.com/english/
Contact: 022-37-4356
② GRA ICHIGO WORLD
http://ichigo-world.jp/
Contact: 050-3637-0015

*Want more useful Info? Check our Mail Magazine’s Back numbers!*
https://www.wpi-aimr.tohoku.ac.jp/iac/mailE.html
Hanayama Gun Festival
◆ Period: 2019.5.5
◆ 10am-2pm
◆ Place: 3 honsawa kubo, hanayama, kurihara city, miyagi

https://www.kurihara-kb.net/en/publics/index/247
Contact : 0228-43-5111


9800 kinds and 3 million blooming of ayame and blue flag on the large ayame garden (about 21,000 sqm).
Some Weekend during the festival period visitors can enjoy a huge range of events and activities held at the park or nearby.

Tiger Dance of Hatsuuma Festival Fire Prevention
◆ Period: 2019.4.29
◆ 7am-6pm
◆ Place: Karaku kouji, nakaniida, kamimachi, miyagi

http://japan.miyagi-kankou.or.jp.e.afh.hp.transer.com/kakikomi/detail.php?id =1430
Contact : 0229-63-6000

A colorful festival car and tiger parade around the town and pray for disaster prevention.

Katanuma Lake
The lake is located in the center of the Naruko Volcano surrounded by many Hot Spring Villages. The waters color is a mystic and glistening emerald green, due to the minerals present within it.

Incredibly clear and 16.2 meters deep, but unfortunately, you won't find any fish or living organisms. The volcanic activity makes this one of the most naturally acidic lakes in the world. As such, the lake never completely freezes over in winter.

*Please plan your travel at your own risk.

Tenshukaku Shizen Koen (Park)
you can enjoy walking a path through silica rocks and wild grasses which mimic natural scenery. Seasonal flowers and the songs of birds help you relax and truly enjoy the feeling of nature. You can enjoy open-air foot bath(Ashi-yu) in the garden.

http://sendai-travel.jp/places/tenshukaku-u-shizen-koen/
Contact : 022-398-2111

Tagajo Ayame (Iris) Festival
◆ Period: 2019.6.15-2019.6.29
◆ Place: Tayaba, ichikawa, tagajo city, miyagi

800 kinds and 3 million blooming of ayame and blue flag on the large ayame garden (about 21,000 sqm).

Some Weekend during the festival period visitors can enjoy a huge range of events and activities held at the park or nearby.

Contact : 022-368-1141
It’s time to go to the Market!
はやおきしてマーケットにいこう！

① Date
② Venue/address
③ Product
④ Contact phone #
⑤ URL

*Before you visit the venue, please contact the event organizer to check the updated information regarding the markets/events.*
**Toshogu Antique Market**
①Every 4th Sunday of the month, 7am to 3pm
②1 Chome-6-1 Tōshōgū Aoba-ku, Sendai city, miyagi
③Vintage kimono, Traditional Japanese pottery,
Antique furniture and ornaments, Kokeshi dolls,
Hand-crafted knives, Gardening tools,
Pre-war signage, Photos and postcards,
Ukiyo-e prints, vintage toys
④0191-23-1888
⑤http://kokando.web.fc2.com/aozoraiti.html
(Japanese Only)

**Charity Antique Market**
①2019.4.12 (Fri.) & 4.13 (Sat.)
②Sendai Bank Hall Izumity 21(Izumi-ku)
③About 30 stalls: Pottery, Vintage kimono&cloth,
European Antique and various kind of
Japanese vintage items
④0191-23-1888
⑤ http://kokando.web.fc2.com/aozoraiti.html
(Japanese Only)

**Yuriage Port Morning Market**
①Every Sunday & Stat. Holiday 6am〜1pm
②5-23-20 Yuriage, Natori city, Miyagi
③Normally there are around 50 stalls:
Shiny fish in season, Fresh fruit, Vegetables
④022-395-7211
⑤ http://yuriageasaichi.com/

**Kogota Morning Market**
①May〜Oct. Every Sunday 6am〜8:30am
※Middle of Aug.(During the Bon season) 6:00〜8:30
※End of Dec(End of year) 7:00〜9:00
②13 Komagome, Kitaura, Misatomachi, Toda, Miyagi
(Kogota station Park)
③Local agricultural products
④0229-25-3329

**Sendai Morning Market**
Please go & find the detailed information @ IAC Mail Magazine #10.
“Let’s discover the interesting spot in Sendai!”
https://www.wpi-aimr.tohoku.ac.jp/iac/mailE.html
Ishinomaki Fureai Morning Markets
①1st & 3rd Sunday, April to Dec.
   From 6:30 am to until the selling items run out.
②Ishinomaki Station (JR) Square
③veggie, fruits, lots of seafood, pickled thing
④0225-93-6448
⑤http://www.city.ishinomaki.lg.jp/cont/10452000b/-kanko/0002/20130225173839.html

Furukawa Yaoya Market
①Apr. 7th ~ Jun. 27th the date with #3 or 7
   ※ Open every Sunday from June to Nov.
   as “Sunday Morning Market”
②Maeda-cho, Furukawa, Osaki City
   (in the precincts of the Kumano shrine)
③Various kind of Local foods, items, art
④0229-23-7097

Kashimadai commerce
①Wednesday, April 10, 2019 to 12th Friday,
   From Sunday, November 10 to 12th Tuesday
②Kashimadai Station Park, Hirawata, kashimadai, oosaki city, Miyagi
   @Kashimadai Sho-wa Station Building
③almost 200 stalls out: Plant, Agriculture and Vegetable.
④229-56-7111

Shiogama Seafood Wholesale Market
①Monday to Sunday, except Wednesday
②1-20-74 Shinhamacho, Shiogama City, Miyagi
③Shiogama Port located right next door. The wholesale market sees large hauls of fresh fish unloaded daily. It’s also open to the general public.
④022-362-5518
⑤http://www.nakaoroshi.or.jp/lang/en
Sun Sun Marche
① Monday to Sunday (open year-round)  
     (Closed from 1st Jan. to 3rd Jan.)  
② 51 itsuka machi, sizugawa, minamisanriku-cho, motoyoshi-gun, miyagi  
③ Total 28 stores in the facility.  
④ 0226-25-8903  
⑤ https://www.sansan-minamisanriku.com/shoplist/sansan-marche/

JA Sendai Izumi Fureai Market
① From April to December,  
     Every Tuesday & Saturday 2pm ~ 4pm  
② 8-1 ipponnnsugi, nomura, izumi-ku, sendai city  
③ Local fresh foods, fruits, rice flower, picked veggie  
④ 022-391-0150 (Available between 9am to 5pm)  
⑤ https://www.pref.miyagi.jp/soshiki/noenkan/cyokubaijyo-s-jasenndaiizumi.html

Izumi Morning Market
① From Apr. (4th & 5th Sunday) to Dec.  
     6am – 7:30am  
② 2-1-1 Izumi-chuo, Izumi-ku, Sendai, Miyagi.  
     Izumi ward Office Park(泉区役所前区民広場)  
③ Vegetables, Fruits, Mountain Veggie, Sea foods,  
     pickled veggie and flowers.  
④ 022-372-3111 (ext.) 6139  
⑤ https://www.pref.miyagi.jp/soshiki/noenkan/cyokubaijyo-s-izumiasa.html

Sendai Market “Mori no Ichiba”
① Operation Hours 9:00 ~ 19:00  
② 5-2-6 Oroshi-machi Wakabayashi-ku, Sendai City  
③ Fresh seafood, vegetable, meat, fruits and  
     restaurant etc.  
④ 022-762-5701  
⑤ http://morinoichiba.com/

Matsushima Fish Market
① Monday to Sunday (open year-round)  
② 4-10 Matsushima Fugendo, Matsushima town,  
     Miyagi-gun, Miyagi prefecture,  
③ you can enjoy the fresh taste of the sea  
④ 022-353-2318  
⑤ http://www.sakana-ichiba.co.jp/en/
MEMBER of IAC

I hope you can enjoy life in Sendai by this Mail magazine. We at IAC welcome you anytime!

① Chief, Hiroshi OIKAWA
(with Koinobori/鯉のぼり “A carp streamer” to celebrate the traditional Boy’s festival in May.)

Editor’s Note (② Ai ITO)
Now I’m pretty sure that my weekend’s morning would be fun & busy for a while since I have my LONG list of markets that I want to visit.
Depends on the area, you may find the difference between central part of Sendai and local area by the vegetables people buy or intonation people speaks.
I hope you enjoy to feel those variety of Sendai/Miyagi.

③ Ms. Kanako TANNO
(with Kabuto/兜 “A samurai helmet” to celebrate the traditional Boy’s festival in May.)

Spring has come!
Let’s go hiking :-)!!

④ Ms. Sayaka UNOURA
(with Sakura/桜 “cherry blossom” one of the most popular spring flower Japanese beloved.)

Reference/Source of information
*Discover Sendai (Sendai Official Tourism Website)
*Miyagi Prefecture Tourism Federation
*Spending time Sendai (Sendai Tourism, Convention and International Association)
*Japan National Tourism Organization (JNTO)
*Nonprofit foundation Miyagi Prefecture Tourism Federation

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④ Ms. Sayaka UNOURA
(with Sakura/桜 “cherry blossom” one of the most popular spring flower Japanese beloved.)

Attention!
This year from 27th April to 6th May
10 DAYS LONG STATUTORY HOLIDAYS!

Have a Happy Golden-week!