The International Affairs Center (IAC) provides various supports to international researchers of Tohoku University. We offer services including necessary information to work for Tohoku University and general living information in Sendai.

- What we provide for you
  1) Handbook for International Researchers
  2) IAC Mail Magazine
  3) Living Information
  4) IAC Japanese Class
  5) Arrival Support
  6) Housing Support
  7) Shopping Tour
  8) Rental Items
  9) Give over & Receive
  10) Mailing List

For more information:
Website: http://www.wpi-aimr.tohoku.ac.jp/iac/indexE.html

IAC Japanese Class for International Researchers
~Cha-Chat J Salon ~ Schedule (Timetable)

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Assistant Prof. Fei SUN

① I have a long-standing interest in the research of microstructure-property-process relationships of superalloys by advanced electron microscopy analysis for further development and applications. Recently, my research focus on high entropy alloy.

② Shandong, China

③ Basketball, Snooker, Hiking, Swimming, Music, Travel, …

④ I came to Sendai from Tsukuba this August. I'm drawn to this modern city that retains its natural beauty and tradition. For Tohoku University, I am so excited to work in AIMR and IMR, which are the world leading research centers. It is really a great working environment.

⑤ Nice to meet you !

Assistant Prof. Dmytro DEMIRSKYI


② Kyiv, Ukraine

③ Ancient Greek mythology, Liverpool FC, rugby, cinematography, chess, hiking.

④ Before coming to Sendai I lived for two years in Tsukuba, hence my main concern was hot/humid summer. But it passed quickly and it was relatively harsh. In all other aspects, Sendai is the great city to live in. If you get bored on weekend, you can choose a number of locations to go for sightseeing or relaxing.

Tohoku University. So far I love it. Good research environment, great research facilities.

⑤ If you dream – go for it.
What is Sendai Community Cycle “DATEBIKE”?

Sendai Community Cycle “DATEBIKE” is the system that has docking ports in each area, and you can rent a bike at any docking port and return it to any docking port you like within designated area. Why don’t you get a bike to take a short trip around Sendai-city? ※Katahira Campus has one of docking ports.

【How to use】
Register on the website and fill in a bike rental request. If you rent a bike directly at DATEBIKE service station, you won’t need to register yourself but only to fill in the request form.
★For more detail : http://docomo-cycle.jp/sendai/en/

【Example of Rate Plans】
★One Trip JPY 162 (First 60 min.)
★One Day Pass JPY 1,029
~Sightseeing Spot~

~Naruko-onsen Village~

Naruko-onsen-kyo Hot Spring village consists of five hot spring areas: “Naruko Hot Spring”, “Higashi-Naruko Hot Spring”, “Kawatabi Hot Spring”, ”Nakayamadaira Hot Spring” and ”Onikobe Hot Spring”. It has been known as a hot spring resort in the Tohoku Region since early times and has a reputation for the medicinal benefits of its hot springs and the excellent water quality. The springs feature a variety of different types of water, all with varying compositions, smells, colors, and effects. This makes it fun to try different types of hot springs to get a feel for their respective qualities, or try to find a curative hot spring for any physical ailments you may have.

This time we’ll be looking at two of the five hot springs in the village – the Naruko and Onikobe springs.

★Naruko-onsen★

Naruko hot spring is the largest of the five and is easy to access. There are also a variety of souvenir stores close by, creating an enjoyable hot springs resort atmosphere. There are 19 ryokan hotels and 2 communal bathhouses in the area, each with their own unique springs.

- **Train (70min.)**
  - Sendai Sta.- (Tohoku Shinkansen 15min.)- Furukawa Sta.- (JR Rikuu-to Line(Rapid) 40min.)- Naruko-onsen Sta.

- **Car (70min.)**
  - Sendai-Miyagi I.C.- (Tohoku expressway 30min.)- Furukawa I.C.- (Route 47 40min.)- Naruko-onsen

★Onikobe-onsen★

Onikobe hot spring is located in an area surrounded by nature. Visitors can enjoy seasonal leisure activities such as mountain climbing, camping, and skiing. The spring’s water is known for its clarity, silky warmth, and lack of dissolved minerals. Soak away the stresses of daily life in the largest bath, which features amazing views, or the outdoor bath, which allows visitors to view the changing seasons.

- 25min. by Car/Bus from Naruko-onsen Station.
Naruko-kyo Gorge

Every year around the middle of October to the beginning of November, the leaves on the trees turn red and yellow, the whole mountain is bright and it is a magnificent view! The best area for autumn leaf viewing is around the Narukokyo Resthouse. The famous views of Fukazawa walking trail can be enjoyed from the observation deck next to the resthouse.

Kokeshi (Wooden dolls)

Kokeshi are a type of famous Naruko handicraft. Traditional Kokeshi are still made one at a time by artists, and several of the workshops in the town allow visitors to see these artists putting their expert skills to work. Some locations also allow guests to try their hand at painting Kokeshi, allowing them to create a unique memento of their trip.

Chestnut dumplings

Chestnut dumplings are a well-known food item from Naruko. They contain a whole, sweet-boiled chestnut wrapped in a sticky rice cake, to which a sweet soy sauce is generously applied. Each dumpling is big enough to be quite filling. If you have a sweet tooth, you’re sure to love them.

a·la·Datena Michinoeki (@Iwadeyama)

If you’re driving to the Naruko hot springs, why not take a break from your journey at the a·la·Datena Michinoeki rest area? Michinoeki are located throughout Japan to act as rest facilities for drivers, but also feature information on local culture, tourist spots, and products. This makes each one diverse, with their own unique services. The a·la·Datena Michinoeki sells souvenirs (e.g. Kokeshi and Chestnut dumplings) and fresh local vegetables, and a variety of light meals are also on offer. The rest area’s gelato, made from local farm products, and Royce’ (a famous confectionary maker from Hokkaido) soft serve ice-cream, made from rich milk, are especially popular.
How to enjoy Onsen (hot spring bath)

1. Completely undress in the changing room. (Do not wear swimsuits or underwear.)
2. Pour some warm water on yourself. It called “Kakeyu” in Japanese. (Being pouring hot water onto the body parts farthest away from the heart.)
3. Soak in the onsen. (Do not soak your hair and towels in the onsen)
4. Wash your whole body. (Make sure to sit down when you take a shower.)
5. Soak in the onsen again. (Do not jump into or swim in the onsen)
5. After bathing, dry yourself before entering the changing room.

【Attention】
- People with tattoos may be asked not to bathe in the onsen.
- Do not bring food or beverages to the onsen as eating or drinking may bother other bathers.
- Do not bathe after drinking alcohol.
~Event Information~

SENDAI Pageant of Starlight
【12/14 (Fri) ～12/31(Mon) 】

Lightning Time
◎ Sunday-Thursday 17:30-22:00
◎ Fri,Sat,12/23(Sun)&12/24(Mon) 17:30-23:00
◎ 12/31(Mon) 17:30-24:00
◎ Place: Jozenji-dori Street

Light-up Ceremony
★ Date&Time: 12/14(Fri) 17:10-17:30(Start lightning@17:30)
★ Place: Sendai Medlatheque・Midori Street

Starlight・Fantasy Story of Forest of Santa Claus
～Parade. Marching band, Baton performance～
★ Date&Time: 12/23(Sun) 17:15-19:45

Photo : by Sendai 光のページェント実行委員会

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Contact Agent
If you have any problem regarding procedures in the university and something else, please feel free to contact IAC. We would be happy to help you!

Member of IAC :
①Chief. Hiroshi OIKAWA (with Hamaya/破魔矢 “Demon-breaking arrow” that is a good luck charm for Oshogatsu)
②Ms. Sayaka UNOURA (with Goshuincho/御朱印帳 “Stamp book” that is for collecting a red ink stamps of shrines and temples)
③Ms. Kanako TANNO (with Uchiwa/団扇 “Paper fan” that is used to create a breeze to keep cool in hot weather)
④Ms. Risa KURUMAZUKA (with Hoshigaki/干し柿 “Dried Persimmon” that is a traditional dry fruit made in the autumn)